

WSCC Practice Blueprint

Supplemental Materials

Purpose: To consider WSCC practices at each tier of implementation (universal, targeted, select) and strengthen practices in each tier



Appendix C - Evaluating Directions Worksheets

- Social and Emotional Climate
- Safe Environment
- Physical Activity
- Nutrition Environment
- Health Services
- Family Engagement
- Health Education
- Employee Wellness
- Behavioral Supports
- Community Involvement



EVALUATING DIRECTIONS FOR SOCIAL AND EMOTIONAL CLIMATE

Time to Complete: 20 minutes



Goal of Activity: To identify strengths and opportunities for improving practices related to Social and Emotional Climate at each tier of intensity.

Instructions

- 1. Review the key definitions below to familiarize yourself with terms used in this activity.
- 2. At the top of page 2, list the programs, strategies, and/or initiatives relevant to this domain that are currently being implemented at each tier.
- 3. Then, rate the quality of implementation of evidence-informed practices in this domain at each level of resource demand.
 - 1 = strategy is not currently implemented
 - 2 = implementation could be better
 - 3 = strategy/domain is currently implemented well
- 4. As a team, discuss and record responses to the questions on page 3.

Key Definitions

Resource Demand – the anticipated amount of resources (e.g., funding, time, physical space, training, materials) necessary for implementation.

Universal – implemented with all schools, staff, and/or students.

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Targeted	Targeted:
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Level 1: Low resource demand	R	atin	g	Notes
Improve air quality	1	2	3	
Promote student and staff involvement in the physical environment	1	2	3	
Level 2: Moderate resource demand	R	atin	g	Notes
Change seating options	1	2	3	
Create a school safety team	1	2	3	
Level 3: High resource demand	R	atin	g	Notes
Monitor and respond to the indoor physical environment	1	2	3	
Change playground designs and promote access to green space	1	2	3	
Consider appropriate use of school resource officers (SROs)	1	2	3	
Overall Safe Environment Rating	1	2	3	

How do we prioritize <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Social and Emotional Climate *at this time*?



Are we committed to prioritizing access.	diversity,	and	<u>inclusion</u>	within	Social
and Emotional Climate moving forward,	and if so,	how?	?		

What more can we do to strengthen <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Social and Emotional Climate?

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Inclusion – participating meaningfully (i.e., all experience belonging and feel valued)

EVALUATING DIRECTIONS FOR SAFE ENVIRONMENT

Time to Complete: 20 minutes



Goal of Activity: To identify strengths and opportunities for improving

practices related to Safe Environment at each tier of intensity.

Instructions

- 1. Review the key definitions below to familiarize yourself with terms used in this activity.
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- 3. Then, rate the quality of implementation of evidence-informed practices in this domain at each level of resource demand.
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Level 1: Low resource demand	R	atin	g	Notes
Improve air quality	1	2	3	
Promote student and staff involvement in the physical environment	1	2	3	
Level 2: Moderate resource demand	R	atin	g	Notes
Change seating options	1	2	3	
Create a school safety team	1	2	3	
Level 3: High resource demand	R	atin	g	Notes
Monitor and respond to the indoor physical environment	1	2	3	
Change playground designs and promote access to green space	1	2	3	
Consider appropriate use of school resource officers (SROs)	1	2	3	
Overall Safe Environment Rating	1	2	3	

How do we prioritize <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Safe Environment *at this time*?



Are we committed to prioritizing access,	, <u>diversity</u> ,	and inc	lusion	within	Safe
Environment moving forward, and if so,	how?				

What more can we do to strengthen <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Safe Environment?

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EVALUATING DIRECTIONS FOR PHYSICAL ACTIVITY

Time to Complete: 20 minutes



Goal of Activity: To identify strengths and opportunities for improving

practices related to Physical Activity at each tier of intensity.

Instructions

- 1. Review the key definitions below to familiarize yourself with terms used in this activity.
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Level 1: Low resource demand	R	atin	g	Notes
Avoid physical activity as a disciplinary consequence	1	2	3	
Promote employee involvement in physical activity	1	2	3	
Level 2: Moderate resource demand	R	atin	g	Notes
Encourage family involvement in physical activity	1	2	3	
Incorporate physical activity into existing curricula	1	2	3	
Level 3: High resource demand	R	atin	g	Notes
Provide opportunities for and choices of physical activity throughout the day	1	2	3	
Develop a Comprehensive School Physical Activity Program (CSPAP) plan	1	2	3	
Overall Physical Activity Rating	1	2	3	

How do we prioritize <u>access</u> , <u>diversity</u> , and <u>inclusion</u> withis time?	ithin Physical Activity <i>at</i>
Are we committed to prioritizing <u>access</u> , <u>diversity</u> , and Activity moving forward, and if so, how?	inclusion within Physical
What more can we do to strengthen access, diversity, a Physical Activity?	and <u>inclusion</u> within
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EVALUATING DIRECTIONS FOR NUTRITION ENVIRONMENT

Time to Complete: 20 minutes



Goal of Activity: To identify strengths and opportunities for improving practices related to Nutrition Environment at each tier of intensity.

Instructions

- 1. Review the key definitions below to familiarize yourself with terms used in this activity.
- 2. At the top of page 2, list the programs, strategies, and/or initiatives relevant to this domain that are currently being implemented at each tier.
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Level 1: Low resource demand	Rating		g	Notes
Ensure adequate time to eat	1	2	3	
Promote school personnel involvement in a healthy nutrition environment	1	2	3	
Level 2: Moderate resource demand	R	atin	g	Notes
Incorporate student choice and hands-on learning activities	1	2	3	
Collaborate with families and community organizations	1	2	3	
Target multiple health behaviors when addressing nutrition	1	2	3	
Level 3: High resource demand		Rating		Notes
Improve the school nutrition environment	1	2	3	
Provide competitive pricing for healthy foods	1	2	3	
Overall Nutrition Environment Rating	1	2	3	

How do we prioritize <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Nutrition Environment *at this time*?



Are we committed to prioritizing acc	cess, diversity	, and <u>inclusion</u>	within Nutrition
Environment moving forward, and i	f so, how?		

What more can we do to strengthen <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Nutrition Environment?

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EVALUATING DIRECTIONS FOR HEALTH SERVICES

Time to Complete: 20 minutes



Goal of Activity: To identify strengths and opportunities for improving

practices related to Health Services at each tier of intensity.

Instructions

- 1. Review the key definitions below to familiarize yourself with terms used in this activity.
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Level 1: Low resource demand	R	Rating		Notes
Utilize the Health Services Assessment Tool for Schools (HATS)	1	2	3	
Disseminate health information resources to students and families	1	2	3	
Level 2: Moderate resource demand	R	Ratin	g	Notes
Assess and plan for chronic health condition management	1	2	3	
Develop relationships with a diverse group of community stakeholders	1	2	3	
Level 3: High resource demand		Rating		Notes
Provide behavioral health training for school health service providers (SHSP)	1	2	3	
Implement multicomponent school-based prevention programs	1	2	3	
Develop a school-based health center (SBHC)	1	2	3	
Overall Health Services Rating	1	2	3	



How do we prioritize <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Health Services *at this time*?

Are we committed to prioritizing <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Health Services moving forward, and if so, how?

What more can we do to strengthen \underline{access} , $\underline{diversity}$, and $\underline{inclusion}$ within Health Services?

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EVALUATING DIRECTIONS FOR FAMILY ENGAGEMENT

Time to Complete: 20 minutes



Goal of Activity: To identify strengths and opportunities for improving

practices related to Family Engagement at each tier of intensity.

Instructions

- 1. Review the key definitions below to familiarize yourself with terms used in this activity.
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Level 1: Low resource demand	ı	Rating		Notes
Engage in ongoing communication between schools and families	1	2	3	
Evaluate existing family engagement initiatives	1	2	3	
Level 2: Moderate resource demand	ı	Ratin	g	Notes
Provide opportunities for ongoing family engagement	1	2	3	
Strengthen family access and inclusion within the school environment	1	2	3	
Level 3: High resource demand	ı	Rating		Notes
Prioritize family engagement in district and building level initiatives	1	2	3	
Empower families to take meaningful leadership roles in school and community	1	2	3	
Overall Family Engagement Rating	1	2	3	

How do we prioritize <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Family Engagement *at this time*?



Are we committed to prioritizing access.	, <u>diversity</u> ,	and inclusion	within Family
Engagement moving forward, and if so,	how?		

What more can we do to strengthen \underline{access} , $\underline{diversity}$, and $\underline{inclusion}$ within Family Engagement?

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EVALUATING DIRECTIONS FOR HEALTH EDUCATION

Time to Complete: 20 minutes



Goal of Activity: To identify strengths and opportunities for improving

practices related to Health Education at each tier of intensity.

Instructions

- 1. Review the key definitions below to familiarize yourself with terms used in this activity.
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Level 1: Low resource demand	R	Rating		Notes
Utilize the Health Education Curriculum Analysis Tool (HECAT)	1	2	3	
Align health education curricula with community needs and student interests	1	2	3	
Level 2: Moderate resource demand	R	atin	g	Notes
Promote family involvement in health education	1	2	3	
Use multiple active-learning components in teaching health education	1	2	3	
Level 3: High resource demand	Rating		g	Notes
Incorporate social learning approaches into health education activities	1	2	3	
Integrate health education across grade levels and subject areas	1	2	3	
Overall Health Education Rating	1	2	3	

How do we prioritize <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Health Education *at this time*?



Are we committed to prioritizing access	, <u>diversity</u> ,	and inclusion	within Health
Education moving forward, and if so, ho	w?		

What more can we do to strengthen <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Health Education?

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all experience belonging and feel valued)

EVALUATING DIRECTIONS FOR EMPLOYEE WELLNESS

Time to Complete: 20 minutes



Goal of Activity: To identify strengths and opportunities for improving

practices related to Employee Wellness at each tier of intensity.

Instructions

- 1. Review the key definitions below to familiarize yourself with terms used in this activity.
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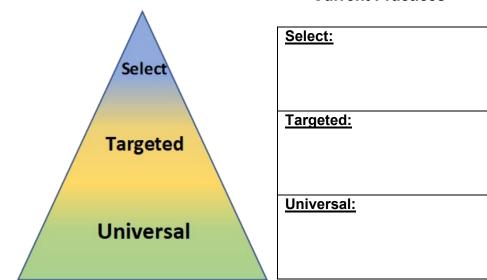
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Level 1: Low resource demand	Rating		g	Notes
Establish an employee wellness committee	1	2	თ	
Support positive workplace climate	1	2	3	
Level 2: Moderate resource demand	R	atin	g	Notes
Implement environmental changes to support healthy lifestyle habits	1	2	3	
Encourage participation in online health and wellness promotion	1	2	3	
Level 3: High resource demand	R	atin	g	Notes
Provide supports to prevent and respond to employee mental health needs	1	2	3	
Provide coaching and ongoing professional development	1	2	3	
Overall Employee Wellness Rating	1	2	3	

How do we prioritize <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Employee Wellness *at this time*?



Are we committed to prioritizing access	, <u>diversity</u> , and <u>inclusion</u> within
Employee Wellness moving forward, an	d if so, how?

What more can we do to strengthen <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Employee Wellness?

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EVALUATING DIRECTIONS FOR BEHAVIORAL SUPPORTS

Time to Complete: 20 minutes



Goal of Activity: To identify strengths and opportunities for improving practices related to Behavioral Supports at each tier of intensity.

Instructions

- 1. Review the key definitions below to familiarize yourself with terms used in this activity.
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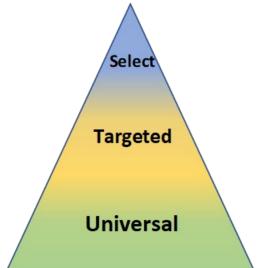
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Level 1: Low resource demand	Rating		g	Notes
Promote use of positive behavior support practices	1	2	3	
Strengthen universal school-based mental health promotion	1	2	3	
Level 2: Moderate resource demand	Rating		g	Notes
Establish a process for identifying need and matching to appropriate behavioral supports	1	2	3	
Implement targeted behavioral interventions	1	2	3	
Level 3: High resource demand	Rating		g	Notes
Offer cognitive-behavioral therapy (CBT) based interventions	1	2	3	
Utilize function-based interventions	1	2	3	
Overall Behavioral Supports Rating	1	2	3	

How do we prioritize <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Behavioral Supports *at this time*?



Are we committed to prioritizing access.	, <u>diversity</u> ,	and inclusion	within
Behavioral Supports moving forward, ar	nd if so, ho	w?	

What more can we do to strengthen <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Behavioral Supports?

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EVALUATING DIRECTIONS FOR COMMUNITY INVOLVEMENT

Time to Complete: 20 minutes



Goal of Activity: To identify strengths and opportunities for improving practices related to Community Involvement at each tier of intensity.

Instructions

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Level 1: Low resource demand	R	Rating		Notes
Involve community members in existing prevention efforts	1	2	3	
Evaluate existing community involvement initiatives	1	2	3	
Level 2: Moderate resource demand	Rating		ıg	Notes
Invest in building relationships with cultural brokers and translators	1	2	3	
Incorporate service learning into curricula	1	2	3	
Establish shared-use agreements for school and community spaces	1	2	3	
Level 3: High resource demand	Rating		ıg	Notes
Implement a school-based mentoring or volunteer tutoring program	1	2	3	
Establish after-school programs in collaboration with community partners	1	2	3	
Overall Community Involvement Rating	1	2	3	



How do we prioritize <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Community Involvement *at this time*?

Are we committed to prioritizing <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Community Involvement moving forward, and if so, how?

What more can we do to strengthen <u>access</u>, <u>diversity</u>, and <u>inclusion</u> within Community Involvement?

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