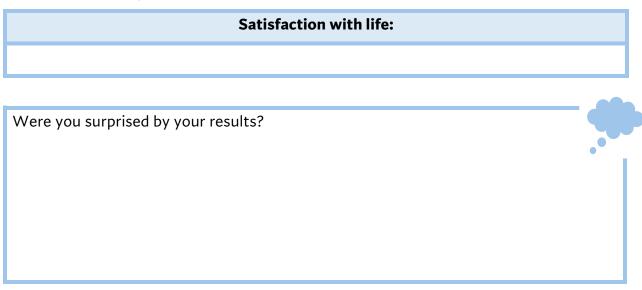
## **LIFE SATISFACTION**





## **Objective 1**

In this article, the author highlights that too much focus on happiness can keep us from life satisfaction.

Are you surprised to learn this?	
Do you agree? Why or why not?	

## **Objective 2**

Take some t questions.	ime to reflect on yo	ur own life satisfac	tion by responding	to the following		
What facto	ors shape your life sa	tisfaction?				
Do you thir	nk these factors hav	e changed through	out your life?			
Circle the two areas that you chose to explore further.						
Age	Personality	Culture	Income	Relationships		
Then, use the space below to write in the area you chose and any notes you have from your exploration.						
Area:				- Service Serv		
<u>Notes</u> :						
<u>Area</u> :						
<u>Notes</u> :						

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## **Objective 3**

Use this space to capture any strategies or resources you'd like to explore further.





